

THE JANSSEN SPIRITUALITY CENTRE



A Compassionate Heart... embracing All

ECO SPIRITUALITY WORKSHOPS

These workshops are facilitated by Thien Nguyen, SVD who is the director of the Janssen Spirituality Centre, a lecturer in theology/religious studies, and a passionate photographer.

Participants in these workshops will be offered opportunities to deepen their understanding and awareness of the interconnectedness and interdependence of all creation and with God.

Tours to the nearby hills in Dandenong Ranges, where participants can take time to enjoy walking the tracks in national parks and gardens, meditate on the wonders and beauty of creation, and take photos of what revealed to them during the course of the day. By doing so, participants are encouraged to seek the divine presence in creation.

Each workshop will be concluded with a session of sharing experiences and photos to enrich one's spirituality and to improve one's artistic ability. This exercise is an opportunity to engage with nature and with one another on a spiritual level and may also gain the healing effects.

Four Seasonal Workshops are on offer. Participants can book one or all four.

- ◆ **AUTUMN:** Saturday, 26-April 2025, from 9.30am-3.00pm
- ◆ **WINTER:** Saturday, 05 July 2025, from 9.30am-3.00pm
- ◆ **SPRING:** Saturday, 06 September 2025, from 9.30am-3.00pm
- ◆ **SUMMER:** Saturday, 29 November 2025, from 9.30am-3.00pm

What to bring: Suitable clothes for each season, walking boots or shoes, water bottle, hat or cap, camera or mobile phone...

Suggested donation: \$30 per workshop with lunch provided.

Booking: Since spaces are limited, booking is required.

Contact: Please contact Fr Thien Nguyen at 0432261194 for more information or for booking.

